



More than one

Dear Lisa,

Okay! When I was young, I was like 7 or 8 years old, I was in a hiking with my friends and sister, I was young, I also have this one best memory I had with Clarisse. We were catching on baby frogs near the river. Then, after catching the frogs, we let them go again, hehe. Also, this cute memory I have with some of the girls and “nonno Peppino”, hehe, we were grabbing a stone, we were like “Snow White and the Seven Dwarfs”, “nonno Peppino” was Snow White and we were the Seven Dwarfs, it was fun. I also had an adventure with my three best friends in school, we went to the beach near school, we went down and were wet, so we went up and we were laughing because my best friend was so wet and she had no extra uniform, it was fun and it was also my idea. Also, I remember when I was young, Paula was there and me, I was at the fish pan, but the fish pan was empty. There was a papaya near the fish pan before, Paula climb on the papaya, then the papaya fell into me, it hurt a lot, then when to get me I was crying so hard, but it was one of the best memories 😊

And there is this one adventure with Ezekiel 🧑 we went inside out La Plaza with our friends, we were playing and then after that I heard someone scream. I went there but when I looked it was Ezekiel that fell in the stairs. I was laughing before helping him, hehe.

Anyway, that's all my adventures! Lot of love!

Mariz



Connecting to nature

Dear Lisa,

life is full of adventures and unforgettable memories. I want to share with you the best time I had. I had been doing good and great since I did my adventure. The first adventure I want to share is when we went to the ocean park. We had a long trip and saw many animals. There were many fishes, crocodiles and different types of bird. The time I went there it felt like spending time with my family and friends. We felt free with our problems. I was so happy when I went there. Also, we had adventures like hiking and biking. Hiking is my favorite adventure because it is like connecting to nature. Hiking helps me find my peace of mind. We hike not so far from our home. At the top of the mountain we see the beautiful view of the city and wonderful creatures. Also, we love jogging because we love to exercise... Exercise keeps us exercise more. It also helps us from our stress and emotional problems.

In addition, my adventure at school has been doing great. I joined volleyball. My studies are doing good but I sometimes find it difficult. I created so many friendships at school that is why I continue to stay happy.

That's all for my adventures. I hope I could tell you more.

Bye bye!

Rizza



An adventure of friendship

Dear Lisa,

There are so many things I have in mind to share with you, but I only have one paper to write them all and it is not enough for me to do so.

This one I'm about to write is my adventure of friendship. A story I would you to know. You see, friends aren't easy to find especially those who are genuine, caring, honest and all those qualities you may find within a true friend.

Many people came into my life and yes, there were many types of them, nice or mean but still they were part of me and had become one of my journeys in finding true friendship.

It was on summer day and I was alone, playing with myself for no one would really stay with me for I am an odd ball, weird and different. I were not entirely alone the whole time, there was this little kid who came to me and enjoyed my company which I didn't understand why. I looked at her questionably but she just gave me an innocent smile of a child, so I didn't bother giving her a chance to play with me. I thought: "Give her a chance, let her play, she'll go away someday", but I didn't say it. We did have a great time and I'm surprised she still didn't go away despite of me not playing interesting games. My mind went at easy. Maybe this is a friend? I asked myself.

Time passes by, then a bully came. My bully.



She was taller than me and way bigger. She is wiser, smarter but really mean to me. And I said this, I don't want her to be my friend, she may be smart, but she is not good, she is not nice. She stands confidently in front of me and smiled ready to hurt me by words. She called out my little friend I just made and told her: "I don't think you want to be with her, she looks odd and an eyesore", then laughed as if it was funny. I expected for the little girl to laugh but she looked at me puzzled. I tried to fight back to defend myself, but I didn't know what to say, I did not have words to fight back, so I just told her: "You are mean!", but I know it didn't hit her as much as her words hurt me. I wanted to cry but I was struck by surprise that the little girl fought back for me: "You shouldn't say that, she is my friend! You are so bad!". Those were innocent words for defend, but I was glad and happy that even at a situation like this the little girl chose the losing team, me. She cried fighting and I also want to but I had to defend us. My little friend can't say or talk properly due to tears and hiccups, so I stood there saying anything, even if I had repeated the words many times I didn't go silent until the bully became annoyed and said: "Losers" and went away. But we both knew we weren't. It was a victory for us. I smiled, at that time I knew what friends are, it's fighting together no matter how hard the situation is. They still stick together until things become better. I have kept this memory in my heart. Until now, the little girl and I grew up, yet our bond is still tight and colorful. I made a great friend and my journey with her is always an adventure of friendship. I hope you'll tell me



about your friends next time we'll talk. Friends are great treasure.

Divina

Go around the island

Dear Lisa,

I hope you are doing well. I am doing fine here. Just a little bit stress and tired because of school and stuff. For the past few years I experienced many adventures while staying in BNC family and I am going to tell you one particular adventure that really was a memorable one.

This adventure we had it was before pandemic, in 2018 or 2019, I can't really remember precisely. It was successful because of the help of our friend who has a restaurant in the island, Siquijor Island is its name. We were hiking around the island for a week, I think. Each day we had a destination where to stop, relax and sleep. I am so grateful to experience adventures that I would never had but with the help of BNC family. It really means a lot. 😊😊

Jane



Refreshing days

Dear Lisa,

I hope you're doing well. I'm also doing great here and I wanted to share with you the adventure I've just had and I'm really excited to tell you all about it.

So, right after our exams, we didn't really had a good rest because our teacher were giving us many projects and assignments to pass. But, today good thing that I already completed it, so I will enjoy my weekend and I can do anything I want. So, yesterday we went to the pool, where there was a big slide and it was so fun like it was a perfect place to relax and rest your day but I got tired because of swimming. So, I slept early because I had to wake up early because we had a volleyball training. We were playing volleyball in the grass and it was incredibly fun. The grass makes for some interesting dives and jumps.

Apart from that, we did a lot of other sports too. We went jogging and joined fun run. The air was so refreshing. Last summer too, we also did some hiking along nearby trails and explored the beautiful scenery around. The views were absolutely stunning and it felt so good to be out in nature.

And of course, we love biking, we biked around 10 kilometers and feeling the wind in our hair. It was great adventure. Overall, it was and adventure filled with sports, outdoor activities and great company.

Stay strong and healthy!

Rizza