Don’t forget the past

Dear Lisa,
In this letter I would like to tell you what I would like to tell to my future self…
“You make it, in the end! With all the hard work and perseverance, your efforts are all worth it. Just being who you are and not pretending to be someone. Being kind and lovable is one of your beautiful characteristics. You love to jog and hike in the mountains. You are friendly and playful. You get easily happy with something. You appreciate all kinds of things, even the small ones. You love nature so much that you like hiking. You like babies that are months old. You experience wonderful adventures that you will not ever forget. Don’t ever forget that you are who you are now because of the help of Kuya Frans and Ate Flora, They made your life easier and enjoyable. They are there with you when you need them. You got to see wonderful places and people because of them. You got to eat delicious food because of them too. You should never ever forget them. Make sure you will pay them back with all your heart and willingness. Take a visit to the place where you grew up and smile happily”.
That is for now what I would like to say to my future self. I hope you will get inspiration and you will like this letter.

Apple

Helping people is like helping yourself

Dear self Hannah!
I'm writing a letter for you. I don't know if you can read this in the future, but you are a beautiful and smart lady. You are going to be the best doctor someday and you will have a bright future as you think. You help people in understanding their feelings and let them realize how unique they are. Helping people looks like you are helping yourself, you want to travel all around the world and experience being independent. You like eating pizza and pasta. You chose to be the best doctor because you wanted to help people and express your feelings about how much you love to help people and take good care of them.

Hannah

Stay true to yourself

Dear Lisa,
I hope this letter finds you in good health and high spirit. As I sit here in the present, I can't help out but wonder what lies ahead for me, for us. I am filled with curiosity and anticipation about the person you have become, the experiences you have had and the lessons you have learned. There are few things I want to share with you, my future self.

First and foremost, I hope that you have found happiness and fulfillment in your journey. Life can be unpredictable, full of twists and turns but I trust that you have embraced the challenges and made the most of the opportunities that have come your way. Remember to cherish the simple joys, appreciate the beauty around you and always be grateful for the blessings that come your way.

I also want to remind you to stay true to yourself. In a world that is constantly changing and ruining, it can be easy to lose sight of who you are and what you value. But hold onto your core principles beliefs, for they are the compass that will guide you through any storm. Embrace growth and transformation, but never compromise your integrity.

Take care of your well-being, both your physical and mental. Prioritize self-care and make time for activities that nourish your body, mind and soul. Surround yourself with positive and supporting people who inspire you and bring out the best in you. And remember, it's ok to ask for help when you need it. We all stumble and fall sometimes, but it's in those moments that we discover our strength and resilience.

Yours truly,

Rosalina

Love yourself

Dear Lisa,

I'd like you to know my thoughts, what I wanna say to my future self: I wish you reached your goals and be the person you've always wanted to be. I hope you're living in a big big

great house and living happily. I hope you're living a great life and having everything you wanted today. I hope you found the happiness you were looking for. I wish you all the best and I hope you're healthy as you are today. I hope you've travelled more countries than you thought and eaten all kinds of food you wished to eat before.
I hope you're doing well. Be hard working and consistent. You should always remember that you matter and deserve all the good things you dreamt of and that you're beautiful as you are and you should know to love yourself, don't be too hard on yourself. Don't let stupid crazy words affect you, don't ever let someone ruin you. Know your worth, you're better than you think you are. You deserve it all. I love you, stay safe and take care of yourself. Be your best not distress. Never give up, just keep moving till you make it.
Xoxo,

Alexa

Be proud of yourself

Dear Diana,
I know you're going through a lot, I just want to say you are very B-E-A-U-T-I-F-U-L ♡, even though you say you're not, I love you. I will try my best so that you'll be proud of yourself. I will accept myself for who I am and love myself for the rest of the days. I will choose to love, cherish, accept myself for who I am. More importantly, love yourself.
Love always,

Diana