Travelling with LISA
Destination eSwatini

Dear Lisa…

Lisa's Mailbox

Would you like to write to Lisa or her friends?

You can write a letter or make a drawing and send it to:

selkinkstudio@gmail.com

With your permission, we will publish it in our album and share your message with our friends overseas!

BUILD SOLIDARITY BRIDGES WITH US!

A Brief Historical Overview

Swaziland, now called **eSwatini**, which means "land of the Swazi," is a small kingdom in the deep south of Africa, bordering South Africa and Mozambique. It is famous for its natural landscapes and traditional ceremonies.

The Origins

The history of this country begins a long time ago, when the Swazi people, who speak the Swati language (or siSwati), settled in this land and founded the first Swazi kingdom under King Ngwane III.

An Ancient Kingdom

eSwatini is one of the few countries in Africa to have kept its monarchy. Today, its ruler is **King Mswati III**, who became king at just 18 years old in 1986. But the first kingdom dates back to the 18th century, and the earliest human remains and artefacts found in this land are over 100,000 years old.

Challenges and Development

In recent years, eSwatini has faced very serious challenges, such as poverty and, especially, the fight against **HIV/AIDS**, a terrible disease that affects the country more than any other in the world. But the Swazi people are strong and work together to build a better future.

eSwatini is a fascinating place, full of history, nature, culture, and traditions. It is important to learn about and respect the different stories of the peoples of the world!